



kort's korner

Straight Guise

A New Blog

www.straightguise.com

Straight Guise is a blog open to all who wish to read, post comments and have a dialogue about men who have sex with men. It will explore the many reasons men have sex with other men, only some of which have anything to do with homosexuality or bisexuality.

Many types of men engage in same-sex relationships, for a variety of reasons, which I will identify for the reader. A few of them are:

1 Openly gay

These are men with homosexual orientations and preferences, who are romantically and sexually aroused by other men. When engaging in sexual activity with men, they feel affirmed and positive.

2 Closeted homosexual

These are homosexually oriented men who are sexually attracted to other men but are ashamed of their feelings and repress their urges to enjoy their fantasies and behaviors—knowing it could lead to romance and love. When they engage in same-sex behavior, they feel ashamed.

3 Hetero-emotional and homo-sexual men

These are men who are romantically attracted to the opposite sex and are usually heterosexually married. They can be sexual with women they love but they are predominately aroused and driven sexually by desire for sex with other men.

4 Bisexual

These are men with combined heterosexual and homosexual orientations and preferences who are sexually—and often romantically—aroused and desire both genders. When they fantasize or act out on these urges, they too feel affirmed and positive.

5 Men acting out early childhood sexual abuse

Also known as homosexual imprinting. These heterosexual men are not homosexually oriented. They do not sexually desire nor are they aroused by other men. However, they compulsively re-enact childhood sexual abuse by male perpetrators through their sexual behaviors with other men. This has nothing to do with their sexual and romantic identities.

If a basically heterosexual boy is molested by a male relative, he may keep “returning to the scene of the crime” to defuse and desensitize his emotional pain. When his original trauma gets cleared up, the “homosexual” behavior he’s re-enacting ceases. This isn’t about gayness; it is about sexual abuse.

6 Sex workers/male escorts

These heterosexual men engage in sexual behavior with other men by choice for the financial reward and lack desire for the other men and are aroused by the behavior not the man.

7 Men seeking intensely arousing but shameful experiences (dildo sex, bondage)

These are heterosexual men who are strongly compelled and interested in various sexual experiences and preferences that would often be labeled as homosexual. To avoid being identified in this way by females, they seek out men, whom they perceive as non-judgmental.

continued

Joe Kort
AND ASSOCIATES

www.joekort.com | joekort@joekort.com | 248.399.7317
Individual, Couples, and Group Therapy | Workshops | Lectures

kort's korner No. 57
©2007

Straight Guise, continued

8 First sexual experience

Sometimes heterosexual males experiment with other males sexually, usually in adolescence and/or young adulthood (up to age 25) for the experience and curiosity.

9 Availability/Opportunity

These straight men have high sex drives and are sexually aroused easily. They connect with men for physical sexual release, which can be quick and easy, avoiding having to emotionally engage.

10 Father hunger

These are heterosexual men who crave affection and attention from their fathers and seek sex with men as a way of getting that male nurturance and acceptance.

11 Narcissism

These are straight men who are self-absorbed and have a constant need for attention and acceptance; they use sexuality with men to be worshipped and adored.

12 Sexual Addiction

“Gay” behavior can be the result of sexual addiction. I’ll clarify what sexual addiction is—and isn’t—and explore its defining signs and symptoms. But even a “cured” sex addict will still feel attracted to men, as do celibate gay priests.

13 Cuckolds

These are men who enjoy fantasies of—or the real-

ity of—their wives and girlfriends having sex with other men either in front of them, nearby or with their knowledge about when and where it occurs. They’re often sexually aroused by feeling humiliated that their wives are being pleased by another male whom they see as more potent and better endowed. Other men enjoy being sexual with other men’s wives in front of the husband or at least with their knowledge. Sometimes they engage in sexual behavior with the man but only in the presence of the wife or girlfriend.

14 Exhibitionists

These are men who enjoy being looked at by both men and women as long as they are being admired for their bodies. Many are body builders and muscular and enjoy the homo-erotic attention of gay men and might even flirt with gay men to encourage more admiration.

15 Sex in Prison

These are men who are imprisoned who engage in same sex behavior. Their need for sexual release with another person occurs with men as they are available. Once released from prison they no longer engage in sexual behavior with men.

Written from my perspective as a gay psychotherapist who has counseled thousands of sexually confused men over the years, Straight Guise will help men understand why they are interested in sex with other men, women who worry their male

partners might be gay and therapists who have difficulty helping their male clients struggling with these sexual behaviors and what it means. Not a week goes by when I don’t receive distressed emails or phone calls from men who worry they might be gay and either are or are not and wives who have discovered their husbands engaged in gay hookups and relationships or exploring gay porn.

I intend to help readers just as I have helped my clients, first by separating the two types of men in the world: There are men who are gay and bisexual and then there are heterosexual men who seek out sex with other men. The difference is one of sexual preference versus sexual identity.

For more information go to www.straightguise.com. ■