You have the option of choosing to be accurate or oversimplified to make your life easier. The choice is yours. The impact is irrefutable.

The problem is that you are overcomplicating things and making decisions based on assumptions that are not always accurate. You are creating unnecessary stress for yourself and those around you.

To simplify things, focus on the essentials. Identify your core values and goals. Then, take steps to align your actions with those values and goals. This will help you make better decisions and achieve your desired outcomes.

Remember, oversimplification and accuracy can coexist. You do not have to choose one over the other. By finding the right balance, you can achieve both.

In the end, the key to success is not about being right all the time, but rather about making the best decision possible, given the information you have at the time. So, embrace the challenges and continue to grow and learn.
MY BOYFRIEND HAS A BOYFRIEND. WHAT SHOULD I DO?

Dear Joe,

Earlier this year I met a lovely guy who I adore and am really attracted to. I have never gone for men who are not my own age - but I am 49 and he is 33. Sometimes I feel guilty about this, but he has made all the moves. The problem is he has a long term boyfriend. Sometimes he feels guilty about that and we go back to being just friends. And then sometimes he wants us to sleep together and he is very tender with me. He tells me how awful his boyfriend is to him - and I'm kind of waiting and hoping that one day he will leave him. Most of all, I don't want to lose his friendship but I am not getting any younger and wonder if by hanging onto this I may miss all chances of long-term love. What should I do?

Keith, Dublin