

HAVE YOU JUST
BEGUN A
RELATIONSHIP
THAT YOU WANT
TO KEEP?



WANT TO
RESOLVE
LONGSTANDING
CONFLICTS WITH
YOUR PARTNER?



WANT TO DECIDE
IF YOUR
RELATIONSHIP
CAN BE SAVED?



WANT TO MAKE A
GOOD
RELATIONSHIP
EVEN BETTER?



Workshop for Gay and Lesbian Couples

Based on the book *Getting the Love You Want* by Harville Hendrix, Ph.D.

*A WEEKEND FOR THE 3 OF YOU:
YOU, YOUR PARTNER, AND YOUR RELATIONSHIP.*

This weekend couples' workshop is based on Imago Relationship Therapy, as developed by Harville Hendrix, Ph.D. and explained in his book, *Getting the Love You Want: A Guide for Couples*. Imago is the Latin word for image. Dr. Hendrix developed the premise that your personal imago is a composite of those people who influenced you most strongly at an early age. You find yourself attracted to people with much the same traits as your original caretakers. Unconsciously, then, you'll bring unresolved childhood conflicts into your romantic relationship - giving your partner the burden of meeting those needs.

Both members of a couple tend to do this, of course. And without understanding why their conflicts arise, many people simply walk away from their relationship. But for most couples, even a conflicted partnership has vast potential for mutual healing. These two days will help you learn:

- Communication skills to improve dialogue with your partner and find solutions to conflicts
- Greater compassion and understanding—of both yourself and

your partner.

- Why the unconscious forces that attract you to each other are also sources of friction.
- How to get “unstuck” from the power struggle you are in with your partner
- Ways to re-establish the excitement and intimacy of your very first months or years together.
- How to achieve growth and lasting fulfillment—for both of you.

Imago Relationship Therapy provides a safe framework for couples to work through their conflict and frustrations. Through a series of communication exercises, partners reach a deeper understanding of what they're really disagreeing about—and begin to move toward seeing each other as a friend and an ally. For couples who want to enhance an already good relationship, the weekend offers new techniques to deepen to the quality of their life together.

Through guided imagery and written exercises, you and your partner can fully share with each other—perhaps

for the very first time. You'll have new opportunities for bonding and creating a positive, loving foundation.

Emotional safety, comfort, and confidentiality is maintained throughout the weekend. We respect everyone's privacy.

These workshops are worth at least three to six months of couples' therapy. Participants vastly reduce the time it takes to learn various communication processes, so that they can get right down to work.

For the latest information on this or any of Joe Kort & Associates' other workshops, please visit www.joekort.com.



Joe Kort, Ph.D.

What other participants have had to say:

“I have learned that my relationship is custom made love.”

“I forgot how much we used to laugh.”

“I felt the same butterflies that I

used to feel when we were first dating.”

“Sometimes the book is better than the movie, but with this weekend, I think the movie (the workshop) is better to go to first and then the book.”

DATES: TBA

Sat 9:30am to 9pm

Sun 9:30am to 6pm

Cost: \$750 per couple

Fees include the workshop itself, workbooks, coffee and tea. Meal breaks and overnight accommodations are not included.

Location:

Joe Kort & Associates, PC
25600 Woodward, Suite 218
Royal Oak, MI 48067

For more info:

<http://www.joekort.com/workshops/>

Register online at www.joekort.com/workshops/default.htm

Joe Kort, Ph.D.
AND ASSOCIATES