

Workshop Presenter: Joe Kort, Ph.D.

Sex on the Download

May 6, 2011 Friday, 9:30AM to 6PM

Location: CCPE, Beauchamp Lodge, 2, Warwick Crescent, London, W2 6NE



"Sex on the Download" is a reflection of our current culture of internet relationships where the growing societal influence of connecting in cyber relationships can create real time intimacy, but may also lead to compulsive sexual behaviors, porn addiction and compulsive infidelity. Is it inevitable that in the not too distant future we will ultimately download all of our intimate and sexual connections?

For some users, this time may already be here. And it may be effecting real life partnerships, jobs, and the ability to create healthy sexual connections.

Therapists, educators, sexuality counselors and medical practitioners will benefit from this training to assist anyone who uses the internet as a pathway to relationship, connection, sexuality or pleasure and who finds themselves caught in a web of cyber chaos, pain, addiction or crisis.

Learn direct interventions, insight oriented and nonpathologizing behavioral changes, and directed attempts to connect for couples and individuals.

Part 1

Rule out sexual compulsivity and identify healthy versus unhealthy sexual expression.

- * Is porn addiction real?
- * Can it be something else?
- * What is healthy use of the internet?
- * Can pornography use ever be healthy?

Part 2

* Learn to use the lens of "what about it turns them on versus what turns them off."

* Address the nonsexual meanings of sexual behaviors or lack thereof including cracking the code of fantasy and desire.

Part 3

Help partners to dialogue and allow for honesty, dignity and closeness for both around sexual expression.

Joe Kort, Ph.D.

Joe Kort, Ph.D., MSW, Ma is an American psychotherapist, coach and author. He specialises in Gay Affirmative Psychotherapy and Imago Relationship Therapy. Joe is also a Certified Sexologist, specialising in sex therapy and sexual identity and a Certified Sexual Addiction Therapist working with childhood sexual, psychological and emotional abuse, chemical dependency, mixed orientation marriages, coming out, depression and anxiety. In the States Joe runs a gay men's group therapy. Joe is a well-known contributor on sex and sexuality issues in the media.

Cost: £100 per individual. Payments can be in cheque, money order and credit card. Contact Joe Kort at joekort@joekort.com or Mic Austen at 07788-442835, micausten@hotmail.com